



# SEAS - September 2017

menus subject to change without notice

	Monday	Tuesday	Wednesday	Thursday	Friday
					9/1/2017
TRAY					Scramble Eggs with Cheese Sausage Patty Buttered Biscuit Fresh Fruit
	9/4/2017	9/5/2017	9/6/2017	9/7/2017	9/8/2017
TRAY	No School	Salisbury Steak /w Gravy Mashed Potatoes Roasted Vegetable Blend Orange Smiles	Manicotti w/ Marinara Sauce Chef's Vegetables Garlic Bread Sliced Peaches	Cheese Quesadillas Braised Pinto Beans Queso & Chips Chef's Fruit Choice	Hot Ham & Cheese on a Pretzel Bun Fresh Vegetables /w Ranch Gold Fish Crackers Seasonal Fruit
	9/11/2017	9/12/2017	9/13/2017	9/14/2017	9/15/2017
TRAY	Breaded Chicken Strips Mac & Cheese Seasoned Harvest Corn Fresh Fruit	Deli Hoagie Sandwiches Sunchips Fresh Fruit Homemade Cookie	Grilled Cheeseburger w/ Pickles Baked Potato Gems BBQ Baked Beans Diced Peaches	Bagel Cheese Pizza Green Salad w/ Cheese Fresh Fruit Rice Krispie Treat	Spaghetti & Meat Sauce Seasoned Green Beans Baked Garlic Bread Diced Pears
	9/18/2017	9/19/2017	9/20/2017	9/21/2017	9/22/2017
TRAY	1/2 Club Wrap w/ Ranch Kettle Chips Baby Carrots w/ Ranch Jell-O	Sesame Chicken Oriental Rice Stir Fry Vegetables Mandarin Oranges	Crispy Beef Tacos Lettuce, Tomato & Cheese Refried Beans Mexican Rice Cookie	Grilled Hotdogs Potato Chips Chef's Pasta Salad Fresh Fruit	No School
	9/25/2017	9/26/2017	9/27/2017	9/28/2017	9/29/2017
TRAY	Chili Frito Pie Fresh Vegetables /w Ranch Chef's Fruit Homemade Cookie	Hawaiian Pulled Chicken Sliders Pineapple Fried Rice Corn on the Cob Tropical Fruit Salad	Baked Corn Dog Potato Chips Fresh Vegetables w/ Dip Jell-O	Alfredo Primavera Green Salad w/ Cheese Fresh Fruit Garlic Bread Stick	Scramble Eggs with Cheese Sausage Patty Buttered Biscuit Fresh Fruit

**A La Carte & Salad Options (same weekly)**

	Monday	Tuesday	Wednesday	Thursday	Friday
DELI BOX	Turkey Deli w/ Fresh Veggies, Snack and Drink	Ham Deli w/ Fresh Fruit, Snack and Drink	Turkey Deli w/ Fresh Fruit, Snack and Drink	Ham Deli w/ Fresh Veggies, Snack and Drink	Turkey Deli w/ Fresh Fruit, Snack and Drink
A LA CARTE	Turkey Club Wrap on Whole Wheat Tortilla	Buffalo Chicken Wrap on Whole Wheat Tortilla	Crispy Chicken Wrap w/ Light Ranch on Tomato Basil Tortilla	Chicken Pesto Flatbread Sandwich	Baked Potato Bar with Butter, Sour Cream & Cheese
SALAD	Chicken Caesar Salad	Chef Salad	Asian Salad	Mediterranean Salad	Taco Salad