



SEAS - October 2017

menus subject to change without notice

	Monday 10/2/2017	Tuesday 10/3/2017	Wednesday 10/4/2017	Thursday 10/5/2017	Friday 10/6/2017
TRAY	Swedish Meatballs Seasoned Egg Noodles Steamed Broccoli Fresh Fruit	Taquitos Braised Pinto Beans Queso & Chips Chef's Fruit Choice	Harvest Beef Stew Fall Mix Salad Southern Cornbread Fresh Baked Cookie	Chicken Fettuccini Alfredo Italian Green Beans Bread Sticks Fresh Apple Slices	Scramble Eggs with Cheese Sausage Patty Buttered Biscuit Fresh Fruit
	10/9/2017	10/10/2017	10/11/2017	10/12/2017	10/13/2017
TRAY	1/2 Club Wrap w/ Ranch Pasta Salad Baby Carrots w/ Ranch Jell-O	Salisbury Steak /w Gravy Mashed Potatoes Roasted Vegetable Blend Orange Smiles	Manicotti w/ Marinara Sauce Chef's Vegetables Garlic Bread Sliced Peaches	Cowboy Style Meatloaf Garlic Mashed Potatoes Steamed Carrots Chef's Fruit Choice	Hot Ham & Cheese on a Pretzel Bun Chicken Noodle Soup Gold Fish Crackers Seasonal Fruit
	10/16/2017	10/17/2017	10/18/2017	10/19/2017	10/20/2017
TRAY	Breaded Chicken Strips Mac & Cheese Seasoned Harvest Corn Fresh Fruit	Deli Hoagie Sandwiches Sun Chips Fresh Fruit Homemade Cookie	Grilled Cheeseburger w/ Pickles Baked Potato Gems BBQ Baked Beans Diced Peaches	Bagel Cheese Pizza Green Salad w/ Cheese Fresh Fruit Rice Krispie Treat	Fall Break
	10/23/2017	10/24/2017	10/25/2017	10/26/2017	10/27/2017
TRAY	Grilled Hotdogs Potato Chips Chef's Pasta Salad Fresh Fruit	Sesame Chicken Oriental Rice Stir Fry Vegetables Mandarin Oranges	Crispy Beef Tacos Lettuce Tomato & Cheese Refried Beans w/ Cheese Mexican Rice Cookie	Breakfast Burrito Hash Brown Potato Biscuit w/ Jelly Fresh Fruit	Spaghetti & Meat Sauce Seasoned Peas Baked Garlic Bread Diced Pears
	10/30/2017	10/31/2017	11/1/2017	11/2/2017	11/3/2017
TRAY	Chili Frito Pie Ranch Vegetables Fruit Cup Homemade Cookie	BBQ Chicken Bites Creamy Mashed Potatoes Green String Beans Dirt Pies	Baked Corn Dog Potato Chips Fresh Vegetables w/ Dip Jell-O	Flatbread Cheese Pizza Green Salad w/ Cheese Fresh Fruit Cookie	Cheese Quesadillas Braised Pinto Beans Queso & Chips Chef's Fruit Choice

A La Carte & Salad Options (same weekly)

	Monday	Tuesday	Wednesday	Thursday	Friday
DELI BOX	Turkey Deli w/ Fresh Veggies, Snack and Drink	Ham Deli w/ Fresh Fruit, Snack and Drink	Turkey Deli w/ Fresh Fruit, Snack and Drink	Ham Deli w/ Fresh Veggies, Snack and Drink	Turkey Deli w/ Fresh Fruit, Snack and Drink
A LA CARTE	Turkey Club Wrap on Whole Wheat Tortilla	Buffalo Chicken Wrap on Whole Wheat Tortilla	Crispy Chicken Wrap w/ Light Ranch on Tomato Basil Tortilla	Chicken Pesto Flatbread Sandwich	Baked Potato Bar with Butter, Sour Cream & Cheese
SALAD	Chicken Caesar Salad	Chef Salad	Asian Salad	Mediterranean Salad	Taco Salad