



SEAS - September 2018

menus subject to change without notice

	Monday 9/3/2018	Tuesday 9/4/2018	Wednesday 9/5/2018	Thursday 9/6/2018	Friday 9/7/2018
TRAY	No School	Meatball Sandwiches Kettle Chips Fresh Veggies w/ Ranch Diced Fruit	Chicken Alfredo Pasta Honey Glazed Carrots Caesar Salad Garlic Bread	Chicken Strips Seasoned Potato Wedges Corn on the Cob Fruit Choice	French Bread Pizza Green Salad Fresh Seasonal Fruit Cookie
	9/10/2018	9/11/2018	9/12/2018	9/13/2018	9/14/2018
TRAY	Chicken Salad Sliders Potato Gems Pea Salad Diced Fruit	Waffle Sticks w/ Syrup Breakfast Sausage Yogurt Cup Strawberries	Corn Dogs Pasta Salad Baby Carrots w/ Ranch Cookie	Baked Steak Fingers Potato Wedges Coleslaw Chef's Dessert	Bean Burritos Mexican Rice Tortilla Chips & Salsa Pineapple Tidbits
	9/17/2018	9/18/2018	9/19/2018	9/20/2018	9/21/2018
TRAY	Chicken Strips Seasoned Potato Wedges Green Beans Fruit Choice	Turkey Croissant Pasta Salad Baby Carrots w/ Ranch Cookie	BBQ Brisket Sandwich Baked Chips House Salad w/ Ranch Diced Fruit	Chili Cheese Coney Potato Gems Cucumber & Tomato Salad Orange Smiles	Beef Nacho's Steamed Pinto beans Fresh Veggies w/ Ranch Fresh Fruit
	9/24/2018	9/25/2018	9/26/2018	9/27/2018	9/28/2018
TRAY	Grilled Cheeseburger w/ Pickles Baked Potato Gems Green Salad Diced Peaches	California Wrap House Salad w/ Ranch String Cheese Stick Jell-O Cup	Taqitos Braised Pinto Beans Queso & Chips Chef's Fruit Choice	BBQ Chicken Legs Macaroni & Cheese Green Beans Pudding Cup	Bagel Pizza Green Salad Fresh Seasonal Fruit Cookie
	10/1/2018	10/2/2018	10/3/2018	10/4/2018	10/5/2018
TRAY	Spaghetti & Meatballs Seasoned Green Beans Caesar Salad Garlic Bread	Pancake on a Stick Breakfast Potato Yogurt Cup Fruit	Zesty Orange Chicken Bowl Asian Rice Edamame Orange Smiles	Cuban Sandwich Baked Potato Tots House Salad Cookie	Cheese Quesadilla Tortilla Chips & Queso Mexican Beans Diced Fruit

A La Carte & Salad Options (same weekly)

	Monday	Tuesday	Wednesday	Thursday	Friday
DELI BOX	Turkey Deli w/ Fresh Veggies, Snack and Drink	Ham Deli w/ Fresh Fruit, Snack and Drink	Turkey Deli w/ Fresh Fruit, Snack and Drink	Ham Deli w/ Fresh Veggies, Snack and Drink	Turkey Deli w/ Fresh Fruit, Snack and Drink
A LA CARTE	Seas Club Wrap on a Wheat Tortilla	Spicy Buffalo Chicken Wrap on a Wheat Tortilla	Italian Wrap on a Wheat Tortilla	Popcorn Chicken Wrap on a Wheat Tortilla	Chicken Pesto Flatbread Sandwich
SALAD	Chicken Caesar Salad	Cobb Salad	Asian Salad	Fried Chicken Salad	Southwest Chicken Salad