



# SEAS - November 2018

menus subject to change without notice

	Monday	Tuesday	Wednesday	Thursday	Friday
				11/1/2018	11/2/2018
TRAY				Cuban Sandwich Seasoned Potato Wedge House Salad Cookie	Fish Sticks Wild Rice Pilaf Glazed Carrots Chef's Fruit Choice
	11/5/2018	11/6/2018	11/7/2018	11/8/2018	11/9/2018
TRAY	Chicken Salad Sliders Chips Fresh Veggies/w Ranch Diced Fruit	Waffle Sticks w/ Syrup Breakfast Sausage Yogurt Cup Grapes	Corn Dogs Potato Wedges Baby Carrots w/ Ranch Cookie	Baked Steak Fingers Mashed Potatoes Peas Dinner Roll	Bagel Pizza Green Salad Fresh Seasonal Fruit Brownie
	11/12/2018	11/13/2018	11/14/2018	11/15/2018	11/16/2018
TRAY	Chicken Strips Scalloped Potatoes Glazed Carrots Fruit Choice	Baked Potato Bar Bacon, Cheese, Sour Cream House Salad Apple Slices	Sliced Turkey /Gravy Mashed Potato Seasoned Green Beans Dinner Roll Cupcakes	Chili Cheese Conneys Homestyle Fries House Salad Orange Smiles	Hot Ham & Cheese Sandwich Chicken Noodle Soup Gold Fish Crackers Seasonal Fruit
	11/19/2018	11/20/2018	11/21/2018	11/22/2018	11/23/2018
TRAY	Fall Break	Fall Break	Fall Break	Fall Break	Fall Break
	11/26/2018	11/27/2018	11/28/2018	11/29/2018	11/30/2018
TRAY	Taquitos Braised Pinto Beans Queso & Chips Chef's Fruit Choice	Grilled Cheeseburger w/ Pickles Potato Wedges Green Salad Diced Peaches	Spaghetti & Meatsauce Seasoned Green Beans Caesar Salad Garlic Bread	Chicken Tenders Macaroni & Cheese Fresh Veggies & Dip Bread Stick	Baked Ravioli w/ Marinara House Salad w/ Ranch Glazed Carrots Fruit Gelatin

### A La Carte & Salad Options (same weekly)

	Monday	Tuesday	Wednesday	Thursday	Friday
DELI BOX	Turkey Deli w/ Fresh Veggies, Snack and Drink	Ham Deli w/ Fresh Fruit, Snack and Drink	Turkey Deli w/ Fresh Fruit, Snack and Drink	Ham Deli w/ Fresh Veggies, Snack and Drink	Turkey Deli w/ Fresh Fruit, Snack and Drink
A LA CARTE	Seas Club Wrap on a Wheat Tortilla	Spicy Buffalo Chicken Wrap on a Wheat Tortilla	Italian Wrap on a Wheat Tortilla	Chicken Pesto Wrap	Baked Potato Bar
SALAD	Chicken Caesar Salad	Cobb Salad	Asian Salad	Fried Chicken Salad	Southwest Chicken Salad