



SEAS - January 2019

menus subject to change without notice

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------|---|--|--|--|--|
| | | 1/1/2019 | 1/2/2019 | 1/3/2019 | 1/4/2019 |
| TRAY | Happy Holidays | Happy Holidays | Happy Holidays | Happy Holidays | Happy Holidays |
| | 1/7/2019 | 1/8/2019 | 1/9/2019 | 1/10/2019 | 1/11/2019 |
| TRAY | Chicken Strips Seasoned Potato Wedges Green Beans Fruit Choice | Baked Potato Bar Bacon, Cheese, Sour Cream Baby Carrots w/ Ranch Cookie | Baked Ravioli w/ Marinara Garlic Bread Stick Glazed Carrots Fruit Gelatin | Taco Burgers Chips House Salad w/ Ranch Diced Fruit | Hot Ham & Cheese Sandwich Chicken Noodle Soup Gold Fish Crackers Seasonal Fruit |
| | 1/14/2019 | 1/15/2019 | 1/16/2019 | 1/17/2019 | 1/18/2019 |
| TRAY | Spaghetti & Meat Sauce Seasoned Mixed Vegetables Fruit Choice Garlic Bread | Pancakes w/ Syrup Breakfast Sausage Yogurt Cup Seasonal Fresh Fruit | Frito Chili Pie Fresh Vegetables w/ Ranch Diced Fruit Cookie | Hot Dogs Potato Triangle Glazed Carrots Diced Fruit | Fish Sticks Wild Rice Pilaf Glazed Carrots Diced Fruit |
| | 1/21/2019 | 1/22/2019 | 1/23/2019 | 1/24/2019 | 1/25/2019 |
| TRAY | Hot Turkey Sliders Potato Wedges Salad Diced Fruit | Pork Carnitas Borracho Beans Mexi Rice Fruit | Baked Corn Dogs Waffle Fries Baby Carrots w/ Ranch Cookie | Baked Steak Fingers Mashed Potatoes Steamed Peas & Carrots Chef's Dessert | Cheese Bagel Pizza Green Salad Fresh Seasonal Fruit Cookie |
| | 1/28/2019 | 1/29/2019 | 1/30/2019 | 1/31/2019 | |
| TRAY | Swedish Meatballs w/ Noodles Steamed Broccoli w/ Cheese Roll Fruit | Seasoned Chicken Sandwich Chips Fresh Vegetables w/Ranch Dip Fruit | Grilled Cheeseburger Baked Beans Green Salad Diced Peaches | Chicken Alfredo Pasta Honey Glazed Carrots Cookie Garlic Bread | |

A La Carte & Salad Options (same weekly)

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------|--|---|--|---|--|
| DELI BOX | Turkey Deli w/ Fresh Veggies, Snack and Drink | Ham Deli w/ Fresh Fruit, Snack and Drink | Turkey Deli w/ Fresh Fruit, Snack and Drink | Ham Deli w/ Fresh Veggies, Snack and Drink | Turkey Deli w/ Fresh Fruit, Snack and Drink |
| A LA CARTE | Seas Club Wrap | Spicy Buffalo Chicken Wrap | Italian Wrap | Chicken Pesto | Baked Potato Bar |
| SALAD | Chicken Caesar Salad | Cobb Salad | Asian Salad | Fried Chicken Salad | Southwest Chicken Salad |