



SEAS - March 2019

menus subject to change without notice

	Monday	Tuesday	Wednesday	Thursday	Friday
					3/1/2019
TRAY				Ala Cart Menu 3/01/19 Turkey Deli Baked Potato Southwest Chicken Salad	Salisbury Steak Mashed Potatoes Green Beans Roll
	3/4/2019	3/5/2019	3/6/2019	3/7/2019	3/8/2019
TRAY	Chicken Strips Seasoned Potato Wedges Green Beans Fruit Choice	Baked Steak Fingers Mashed Potatoes Steamed Peas & Carrots Chef's Dessert	Baked Potato Bar Cheese, Sour Cream Baby Carrots w/ Ranch Granola Bar	Taco Burgers Baked Chips House Salad w/ Ranch Diced Fruit	Grilled Cheese Sandwich Creamy Tomato Soup Gold Fish Crackers Seasonal Fruit
	3/11/2019	3/12/2019	3/13/2019	3/14/2019	3/15/2019
TRAY	Spaghetti & Meat Sauce Seasoned Mixed Vegetables Fruit Choice Garlic Bread	Pancakes on a Stick Breakfast Potatoes Yogurt Cup Seasonal Fresh Fruit	Frito Chili Pie Fresh Vegetables w/ Ranch Diced Fruit Cookie	All Beef Hotdogs Potato Gems Cucumber & Tomato Salad Valentines Cookie	Cheese Bagel Pizza Green Salad Fresh Seasonal Fruit Cookie
	3/18/2019	3/19/2019	3/20/2019	3/21/2019	3/22/2019
TRAY	Spring Break	Spring Break	Spring Break	Spring Break	Spring Break
	3/25/2019	3/26/2019	3/27/2019	3/28/2019	3/29/2019
TRAY	Swedish Meatballs w/ Noodles Steamed Broccoli w/ Cheese Yeast Roll Fruit	Grilled Cheeseburger Baked Potato Gems Green Salad Diced Peaches	Baked Corn Dogs Sweet Potato Fries Baby Carrots w/ Ranch Cookie	Chicken Alfredo Pasta Honey Glazed Carrots Cookie Garlic Bread	Baked Ravioli w/ Marinara Garlic Bread Stick Glazed Diced Carrots Fruit Gelatin

A La Carte & Salad Options (same weekly)

Starts March 8th

	Monday	Tuesday	Wednesday	Thursday	Friday
DELI BOX	Turkey Deli w/ Fresh Veggies, Snack and Drink	Ham Deli w/ Fresh Fruit, Snack and Drink	Turkey Deli w/ Fresh Fruit, Snack and Drink	Ham Deli w/ Fresh Veggies, Snack and Drink	Cheese Deli w/ Fresh Fruit, Snack and Drink
A LA CARTE	Seas Club Wrap on a Wheat Tortilla	Spicy Buffalo Chicken Wrap on a Wheat Tortilla	Italian Wrap on a Wheat Tortilla	Chicken Pesto	Baked Potato Bar
SALAD	Chicken Caesar Salad	Cobb Salad	Asian Salad	Fried Chicken Salad	Breaded Fish Sandwich