



SEAS - September 2019

menus subject to change without notice

| | Monday 9/2/2019 | Tuesday 9/3/2019 | Wednesday 9/4/2019 | Thursday 9/5/2019 | Friday 9/6/2019 |
|------|--|--|---|--|--|
| TRAY | Labor Day | Pulled Chicken Sliders Savory Rice Pilaf Southwest Corn Tropical Fruit Salad | Deli Hoagie Sandwiches Sunchips Fresh Fruit Choice Homemade Cookie | Breakfast Burritos Hashbrowns Fresh Fruit Choice PopTart | Baked Corn Dogs Potato Tots Baby Carrots w/ Ranch Chocolate Chip Cookie |
| | 9/9/2019 | 9/10/2019 | 9/11/2019 | 9/12/2019 | 9/13/2019 |
| TRAY | Baked Chicken Strips Seasoned Potato Wedges Country Green Beans Fresh Baked Cookies | Spaghetti & Meat Sauce House Salad Garlic Bread Sticks Chocolate Pudding Cups | Turkey Croissant Sandwich Gold Fish Celery Sticks w/ Ranch Orange Smiles | Soft Carne Asada Taco's Spanish Rice Seasoned Pinto Beans Diced Fruit | Crispy Chicken Sandwich Green Salad Fresh Seasonal Fruit Cookie |
| | 9/16/2019 | 9/17/2019 | 9/18/2019 | 9/19/2019 | 9/20/2019 |
| TRAY | Grilled All Beef Hotdogs Chefs Fruit Choice Chips Chocolate Chip Cookie | 1/2 Club Wrap Baked Potato Chips Fresh Fruit Cup Mozzarella Cheese Stick | Baked Potato Bar Cheese, Sour Cream, Bacon Bits Baby Carrots w/ Ranch Jello Cups | BBQ Brisket Sandwich Potato Gems Baked Beans w/ Brown Sugar Strawberry Cake | No School |
| | 9/23/2019 | 9/24/2019 | 9/25/2019 | 9/26/2019 | 9/27/2019 |
| TRAY | Beef & Cheese Nachos Ranch Style Beans House Salad w/ Ranch Diced Fruit | Chicken Alfredo Pasta Green Beans Garlic Bread Homemade Cookie | Cheeseburgers Green Salad w/Ranch Baked Chips Fresh Fruit | Pancakes on a Stick Breakfast Potatoes Yogurt Cup Cinnamon Apples | Bagel Pepperoni Pizza Green House Salad w/Ranch Orange Smiles Oreos |
| | 9/30/2019 | | | | |
| TRAY | Frito Chili Pie Fresh Vegetables w/ Ranch Diced Fruit Pudding Cup | | | | |

A La Carte & Salad Options (same weekly)

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------|--|---|--|--|--|
| DELI BOX | Turkey Deli w/ Fresh Veggies, Snack and Drink | Turkey Deli w/ Fresh Fruit, Snack and Drink | Turkey Deli w/ Fresh Fruit, Snack and Drink | Turkey Deli w/ Fresh Fruit, Snack and Drink | Turkey Deli w/ Fresh Fruit, Snack and Drink |
| A LA CARTE | Seas Club Wrap on a Wheat Tortilla | Spicy Buffalo Chicken Wrap on a Wheat Tortilla | Italian Wrap on a Wheat Tortilla | Chicken Pesto | Baked Potato Bar |
| SALAD | Chicken Caesar Salad | Cobb Salad | Asian Salad | Fried Chicken Salad | Southwest Taco Salad |