



SEAS - October 2019

menus subject to change without notice

	Monday	Tuesday	Wednesday	Thursday	Friday
		10/1/2019	10/2/2019	10/3/2019	10/4/2019
TRAY		Cuban Style Sliders French Fries Southwest Corn Tropical Fruit Salad	Deli Hoagie Sandwiches Sunchips Fresh Fruit Choice Homemade Cookie	Breakfast Burritos Hashbrowns Fresh Fruit Choice PopTart	Baked Corn Dogs Potato Tots Baby Carrots w/ Ranch Chocolate Chip Cookie
	10/7/2019	10/8/2019	10/9/2019	10/10/2019	10/11/2019
TRAY	Baked Chicken Strips Seasoned Potato Wedges Country Green Beans Fresh Baked Cookies	Spaghetti & Meat Sauce House Salad Garlic Bread Sticks Chocolate Pudding Cups	Turkey Croissant Sandwich Gold Fish Celery Sticks w/ Ranch Orange Smiles	Soft Carne Asada Taco's Spanish Rice Seasoned Pinto Beans Diced Fruit	Crispy Chicken Sandwich Green Salad Fresh Seasonal Fruit Cookie
	10/14/2019	10/15/2019	10/16/2019	10/17/2019	10/18/2019
TRAY	Grilled All Beef Hotdogs Chefs Fruit Choice Chips Chocolate Chip Cookie	1/2 Club Wrap Baked Potato Chips Fresh Fruit Cup Mozzarella Cheese Stick	Baked Potato Bar Cheese, Sour Cream, Bacon Bits Baby Carrots w/ Ranch Jello Cups	BBQ Brisket Sandwich Potato Gems Baked Beans w/ Brown Sugar Strawberry Cake	No School
	10/21/2019	10/22/2019	10/23/2019	10/24/2019	10/25/2019
TRAY	Beef & Cheese Nachos Ranch Style Beans House Salad w/ Ranch Diced Fruit	Teriyaki Chicken Rice Bowl Fresh Veggies w/ Ranch Egg Roll w/Sauce Fortune Cookies	Cheeseburgers Green Salad w/Ranch Baked Chips Fresh Fruit	Pancakes on a Stick Breakfast Potatoes Yogurt Cup Apple Sauce	Bagel Pepperoni Pizza Green House Salad w/Ranch Orange Smiles Carnival Cookies
	10/28/2019	10/29/2019	10/30/2019	10/31/2019	
TRAY	Taquitos w Salsa & Sour Cream Fresh Vegetables w/ Ranch Diced Fruit Pudding Cup	Chicken Alfredo Pasta Green Beans Garlic Bread Homemade Cookie	Salisbury Steak Mashed Potatoes Glazed Carrots Fresh Fruit	Spokey Mini Dogs (Little Smokies) Ghostly Mashed Potatoes Whitches Broom Stick. (Green Beans) Dirt Pie Treats	

A La Carte & Salad Options (same weekly)

	Monday	Tuesday	Wednesday	Thursday	Friday
DELI BOX	Turkey Deli w/ Fresh Veggies, Snack and Drink	Turkey Deli w/ Fresh Fruit, Snack and Drink	Turkey Deli w/ Fresh Fruit, Snack and Drink	Turkey Deli w/ Fresh Fruit, Snack and Drink	Turkey Deli w/ Fresh Fruit, Snack and Drink
A LA CARTE	Seas Club Wrap on a Wheat Tortilla	Spicy Buffalo Chicken Wrap on a Wheat Tortilla	Italian Wrap on a Wheat Tortilla	Pesto Chicken	Baked Potato Bar
SALAD	Chicken Caesar Salad	Cobb Salad	Asian Salad	Fried Chicken Salad	Southwest Taco Salad